

The Mystery of the Whirly Gig

Victorian Stall Recipes

Cinnamon and raisin bread with cinnamon butter

Based on actual accounts of Victorian stall holders wares, why not try our what Victorian food tasted like?

You will need:

450g/1lb of self raising four
(extra for dusting)
1 tsp of baking powder
20g/2 dessert spoons sugar
1 large egg beaten in a small jug or
bowl

50g/2oz Butter
125g/4oz Sultanas or raisins
1 teaspoon of cinnamon
250mill milk
Baking tray
Wooden spoon
Large bowl

Greaseproof paper

These recipes are part of our Mystery of the Whirly Gig online comic.

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to read the story so far



Preheat your oven and flour a baking sheet Measure out the flour, place in the large bowl.



Add the cinnamon, baking powder and sugar to the large bowl and mix well.



Pour in the beaten egg and mix well. Gradually Add in the milk ...until you have a dough like mixture...not too sticky and not too dry.



Turn the mixture out onto a board or worktop and knead the mixture lightly until it comes together. Place the dough onto the floured baking sheet. Make a cross mark in the top of the dough



Bake for approximately 40 mins at gas mark 6/200c or 400F



To make the Cinnamon butter
Mix 60g of butter with 1tbs of sugar and 1/2
-1 teaspoon of cinnamon
(You can add more cinnamon if liked)



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Victorian Stall Recipes

Whirligig pea soup (with or without bacon)

Based on actual accounts of Victorian stall holders wares, why not try our what Victorian food tasted like?

You will need:

10 rashers Streaky bacon
cut into pieces or
lardons
1.5 pint Vegetable stock (we used 2 veg stock
pots to make 1.5 pints of stock)
Salt and pepper
2 Onions chopped into small pieces
1 250g pack of Quick Soak peas dried peas
(takes two hours to soak)

(takes two hours to soak)
2 carrots chopped into small pieces
40g Butter
Large pan
Spatula or wooden spoon

Spatula or wooden spoon Knife Colander These recipes are part of our Mystery of the Whirly Gig online comic.

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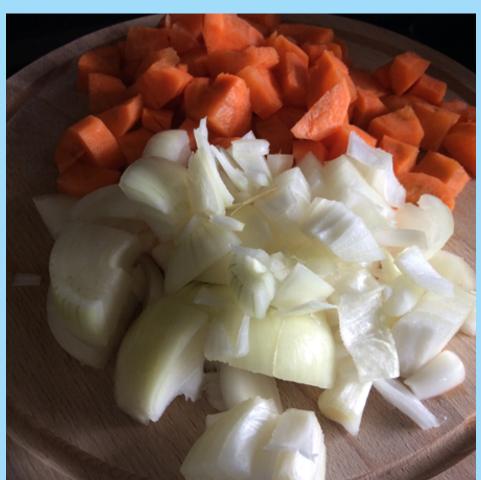
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Soak and prepare the peas (as per pack instructions)



Prepare and chop all the vegetables into small pieces



Place the butter in the pan and fry the bacon on medium heat for 3 mins



Add all the vegetables and stir.
Fry for 2-3 mins
Rinse the peas



Add the stock and the peas Simmer for 30 mins.



Serve with crusty bread

You can add celery at the veg stage and split peas would work well instead of the soaking peas .. follow pack instructions. You can add chopped parsley if you like before serving.

For Allergies please check individual ingredients used. This recipe contained Celery in the stock pots





